



## Lahu Hill Tribe Cycling and Hike - TJ01

Trip Summary	3 days / 2 nights - 1 nights Lahu Village, 1 nights tree house
Getting There	Tour starts and ends at Chiang Mai
In-country support	International support staff, local guide, bilingual Thai/English translator, visitor's handbook.
What's included	Transfers during the tour, accommodation, activities and meals as stated in the program.
Availability	All years round - Minimum 4 pax maximum 12 pax

**A combination of three day two nights trip to experience ethnic groups at the Lahu village and the Shan Village in Chiang Dao area. Walk to the waterfall, hill tribe school and cycling t the unpaved tracks and paved road along the paddy field and he fruit orchards along Mae Ping Valley**

### Day 1 Trekking in the Tiger Trail

Pick up at your hotel and drive around 1 hour and stop at the local market for stock up your food and drink for the trek and then continue to our Chiang Dao drop off point. Here we will start the mornings relatively short trek to a waterfall where you can take a relax in the cool waters. The days trekking will continue with rest stops and we will have lunch at our final destination as Mae Mae Shan Village. You can spend the rest of the afternoon enjoying the views and chilling on the lofty veranda and enjoy the views of the thickly forested valley below.

Dinner will be prepared by the local villages.

Overnight at the Lahu Village

### Day 2 Tree House

After breakfast take a short tour of the village before packing your bags and setting off on today's trek. Today is a long day of walking, so make sure you bring appropriate footwear as the mountain side can get extremely slippery in the rain.

We will have lunch near by the waterfall which will freshen you up. After that visit the Mae Mar Village school that teaches children from various ethnic groups in this area then walk to the next destination Mae Mae Shan village.

Dinner will be prepared by local village

Overnight at the tree house

### Day 3 Cycling in the local village

Breakfast at Tree house village and then we will walk about two hours in the jungle to the pick up point where we will make a short drive to the cycle starting point and have lunch.

After lunch we will bike along the flat Mae Ping river valley among the paddy fields, fruit orchards, some part of the route will be on unpaved tracks. And then drive you back to Chiang mai about an hour and transfer to your hotel.

#### What's included?

- Accommodation @Lahu village and Tree house village
- Hill tribe trek, Cycling around north west of Chiang Mai area
- 7 meals (1st day till last day lunch), coffee, tea, drinking water
- Round trip for transportation
- Knowledge tour guide speaking English

