



## Five-Day Family Tour: Ban Talae Nok

### Day 1: Kuraburi - Village Activities – Village Homestay

Time	Activity
09.30	Welcome and pre-trip briefing at Andaman Discoveries office, Kuraburi
10.00	Transfer to village (Ban Talae Nok)
10.45	Arrive at Ban Talae Nok. Visit the beach and the site of the pre-tsunami village
11.00	Arrive at your homestay and meet your host family
11.15	Walking tour of the village
12.00	Traditional Thai lunch with host family
13.30	Interactive Batik making workshop
16.30	Free time to relax, explore the village, play on the beach, or watch the beautiful sunset
19.00	Dinner at your homestay
20.00	Cultural exchange with host family

### Day 2: Village Activities – Village Homestay

Time	Activity
08.00	Breakfast at homestay
09.00	Kayaking trip through mangrove forest
12.00	Lunch at homestay
13.30	Thai dessert making
16.00	Interactive conservation activity: Poor Little Turtle
17.00	BBQ on the beach and enjoy the sunset
19.30	Language / cultural exchange with host family

### Day 3: Village Activities – Village Homestay

Time	Activity
08.00	Breakfast at homestay
09.00	Soap making workshop with the local Soap Cooperative
11.00	Help your host family to prepare lunch and learn how traditional Thai dishes are prepared
12.00	Lunch at homestay
13.00	Nipa palm weaving workshop
16.00	Relax in the village or on the beach; or interact with local children
19.00	Dinner at homestay
20.00	Language / cultural exchange with host family



#### Day 4: Village Activities – Village Homestay

Time	Activity
08.00	Breakfast at homestay
09.00	Children's Scavenger Hunt around the village
12.00	Lunch at homestay
13.00	Free time to relax in village or play on the beach
16.00	Fishing on the beach
17.30	Return to homestay to freshen up; relax or help prepare dinner
19.00	Dinner at homestay

#### Day 5: Village Activities – Kuraburi

Time	Activity
08.00	Breakfast at homestay
09.00	Prepare bags to leave the village
09.30	Farewell to villagers and depart for nearby cascades
10.30	Relax by the cascades
12.00	Picnic lunch by the cascades
13.00	Return transfer to Kuraburi
13.30	De-briefing at Andaman Discoveries Office
14.00	End of Program

Please Note: Activities are subject to change due to unexpected circumstances and weather conditions. Alternative activities will be arranged.

We can also arrange other activities, accommodation options, and shorter or longer programmes. Contact us to discuss alternative options. Please note that the cost of the tour may change if guests request alternative activities or accommodation.

#### Price includes:

- Return transfers between our office in Kuraburi and the villages
- Visitor's/Volunteer Handbook, English/Thai phrasebook
- Accommodation while in village
- All activities and equipment while in village
- All meals and refreshments as shown in the itinerary
- Translator
- Local guide
- International Thai-speaking support staff
- Contribution to community fund
- Contribution to other social and environmental projects in the North Andaman region
- VAT

**Prices exclude:**

- Flights, visas and departure taxes
- Vaccinations and travel insurance (accidental insurance can be purchased from us – please inquire for details)
- Return transfer to Kuraburi – transfers can be arranged by Andaman Discoveries
- Personal items and expenses

**What to bring:**

You will need long trousers and shirts to provide protection from the sun and insects, and to cover up in Muslim villages. You should also bring sun screen, a hat, a towel or sarong, insect repellent, raincoat, walking shoes, flashlight, camera, etc. Please see our website for a full list of essential items to bring on your trip.

<http://www.andamandiscoveries.com/reservations.pretrip.html#pretrip03>

**Local customs:**

The communities we work with are Buddhist, Muslim and Moken sea gypsy communities, and we ask visitors to be respectful of these local cultures. Please see our website for further guidelines on in-village code of conduct.

<http://www.andamandiscoveries.com/reservations.pretrip.html#pretrip01a>

**Community benefits:**

The villagers – the guides, host families, handicraft cooperatives – receive fair wages as stipulated by the Community-based Tourism Committee. Andaman Discoveries ensures that the majority of the money generated by each tour goes directly to the villagers. A portion of guests' in-village costs are donated to the community fund that is managed by the villagers. The fund provides financial support for community initiatives and projects in the village. This creates concrete economic opportunities for the villagers, who may otherwise have to seek employment outside of the village.

**About Andaman Discoveries:**

Andaman Discoveries is a social enterprise that enables visitors and volunteers to directly support community-led development, conservation, education and cultural empowerment. We won the Virgin Holidays Responsible Tourism Awards 2007 for the Best for Preservation of Cultural Heritage, the biggest awards of their kind in the world. We were also runner up in Wild Asia's Responsible Tourism Awards. In 2008 we won the Global Vision Travel and Leisure Award for tourism organizations dedicated to innovation and setting new standards in travel and tourism while working with the environment around them. We also won the SEED Awards for Entrepreneurship and Sustainable Development, which recognise locally-driven, entrepreneurial partnerships in developing countries that build capacity, strengthen livelihoods and conserve natural resources and eco-systems.

In 2009, we have been short-listed as a finalist in the Wild Asia's Responsible Tourism Awards, as well as one of twelve Finalists for the BBC World Challenge Awards, a global competition which aims to find projects or small businesses that have demonstrated enterprise and innovation at a grassroots level. Andaman Discoveries will be featured on BBC World News in October 2009 and voting is currently underway.

